

Home National PAX Summit About Training PAX Library PAX World Dr. PAX

Search Site



## **ABOUT PAX SCIENCE**

The PAX Good Behavior Game is an Evidence-based Practice that comes recommended by the Substance Abuse and Mental Health Service Administration (SAMHSA), the Washington State Institute for Public Policy, and the Institute of Medicine. By strengthening inhibition, extending self-regulation, and improving social emotional scaffolding, PAX GBG creates changes in electrical, neurochemical, neural connectivity, and epigenetic make-up that strengthen inhibition, extend self-regulation, and improve social emotional scaffolding. PAX is the only classroom-based strategy shown to cause the expression of brain derived neurotrophic factor (BDNF) genes that serve as adaptive protections for young people through adulthood and into future generations.

The strategies in PAX GBG have been subjected to multiple randomized control trials and numerous peer-reviewed studies. PAX has shown to provide numerous short-term and lifetime benefits.

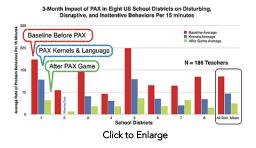
## PAX IMPROVES CLASSROOM PERFORMANCE

Students in PAX Classrooms demonstrated...

- higher on Statewide Standardized Math and Reading test scores than their peers
- higher reading levels than their peers
- reduced need for Special Education Services
- higher graduation and college entrance rates

Teachers in PAX Classrooms demonstrated...

- higher efficacy in student engagement, instructional strategies, and classroom management
- reduced stress after implementing PAX





Home

**National PAX Summit** 

**About** 

**Training** 

**PAX Library** 

**PAX World** 

Dr. PAX

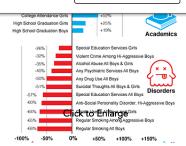
Search Site

- rewer school-related injuries and symptoms or aggression
- reduced rates of bullying
- decreased suicide ideation and fewer attempts

## IMPROVES SUBSTANCE USE PREVENTION

Students in PAX Classrooms demonstrated...

- decreased tobacco use
- reduced alcohol use
- decreased illicit drug including opioid abuse
- less overall service use for drug abuse or psychiatric disorder





Click to Open



Click to Open

What is PAX? Get PAX FAQ

PO Box 31205 Tucson, AZ 85751 520.299.6770 info@paxis.org | paxis.org © 2018 Paxis Institute Privacy Policy

PAXIS Careers
PAX Certified Trainer Application





